

**2025 - 2026**

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# **PROGRAM GUIDE**



**PREMIER DEVELOPMENT.**

**CAROLINAPREMIERHOCKEY.COM**



# A LETTER FROM OUR EXECUTIVE DIRECTOR

Dear Hockey Families,

**Thank you for considering Carolina Premier Hockey for the 2025–26 season.**

Choosing the right program for your player is a big decision—and we don't take that lightly. At CPH, we offer more than just ice time. We offer a proven development model designed to push players to their full potential—athletically, mentally, and personally.

Our coaching staff includes experienced team coaches and dedicated development coaches—many with NCAA Division I and professional backgrounds—who not only know what it takes to reach the highest levels, but how to teach and inspire players at every stage. From weekly skill development sessions to high-tempo team practices, your player will be challenged and supported by experts who are fully invested in their growth.

We emphasize the kind of development that goes beyond drills: building hockey IQ, creating game-speed decision-makers, and instilling the discipline to compete under pressure.

We don't believe in shortcuts or empty promises. We believe in hard work, strong culture, and doing things the right way—day in and day out. That's what sets us apart. And it's why our players are consistently prepared for the next level, whether that's advancing to the Charlotte Rush junior program or being drafted to elite leagues like the USHL, OHL, and even the USA Hockey National Team Development Program.

If your family is looking for a hockey home that will challenge your player, support their growth, and surround them with like-minded athletes and mentors—CPH is the place.

We hope to see you at tryouts.



*Troy Schwab*

Troy Schwab  
*Executive Director*  
**Carolina Premier Hockey**



## OUR MISSION

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To develop skilled, confident, and character-driven hockey players who compete relentlessly—on and off the ice.

## OUR VISION

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To be the South's premier hockey program, where culture, development, and opportunity come together.

## OUR VALUES

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### CULTURE & CHARACTER

We foster a culture built on respect, integrity, and sportsmanship—developing players who lead with character on and off the ice.

### FAMILY & COMMUNITY

We create a close-knit environment where players, coaches, and families connect, support one another, and grow together.

### DISCIPLINE & DEDICATION

We instill the work ethic, focus, and perseverance it takes to improve daily and pursue excellence in every area of life.





2025 - 2026

# HEAD COACHES

From NCAA and pro-level experience to decades of youth coaching, our staff brings unmatched perspective to the ice. We focus on long-term development—helping your child grow as a player and a person. Our coaches build confidence, character, and a lifelong love for the game.

## 9UAA & 13UAAA HEAD COACH



### ANTHONY YURKINS

- Head coach of 12UAAA and 13UAAA last season
- Played professionally in the ECHL and SPHL
- Played NCAA D3 hockey at Aurora University
- Played juniors in the USPHL and the NAHL

## 10UAA HEAD COACH



### TROY SCHWAB

- Coached Greenville Swamp Rabbits in the ECHL
- Coached Charlotte Rush in the USPHL
- Played NCAA D1 for Lake Superior State University
- 6 years of pro hockey in the ECHL, CHL, and DEL2





## 12UAA HEAD COACH



### MIKE LORUSSO

- Head coach of 14UAA last season
- 20+ years of hockey coaching
- USA Hockey Level 4
- Played Tier 1 hockey in Washington D.C. area

## 14UAA HEAD COACH



### GINO DEBLASIIS

- CPH development coach last season
- Played NCAA D3 hockey at SUNY-Canton
- Played for the Rochester Monarchs (USPHL)
- Developed playing youth hockey in Syracuse, NY

## 14UAAA & 16UAA HEAD COACH



### CAM PARROTT

- Head coach of 16UAAA last season
- USPHL Premier National Champion
- Served as an NCAA D3 Assistant Captain for 3 years
- Played Tier 1 hockey in Detroit





# 2025 - 2026 DEVELOPMENT COACHES

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Our Development Coaches play a key role in each athlete's long-term growth. With elite playing experience and a love for teaching, they help build habits that last—on the ice and beyond. From practices to clinics and camps, they reinforce our development model and help players improve with purpose at every stage.



## RYAN CRUTHERS

- Head Coach of USHL's Sioux Falls Stampede
- Coached in USHL, NAHL, ECHL, NCAA, USPHL
- Played 600+ pro games in AHL & ECHL



## JUSTIN FISHER

- Head Coach of Charlotte Rush Elite (USPHL)
- Coached in NAHL, ACHA
- Current NAHL scout



## MIKHAIL SHIBANOV

- 16-year pro goalie in Russia & Belarus
- Goalie coach for Israel National Ice Hockey Team
- Trains CPH goalies with pro-level detail & intensity







## MATT STEEVES

- NCAA D1 alum, Notre Dame & Frozen Four finalist
- USHL, EHL, and Big Ten Champion experience
- Founder of Light the Lamp Shooting Program



## MATTHEW LAWHON

- National Champion & Captain with Charlotte Rush
- Played for TPH Thunder, Ohio Blue Jackets
- Skilled coach with elite skating & technical ability



## TREVOR JEWELL

- Head Coach of Charlotte Rush Premier (USPHL)
- Former NCAA D3 & pro player in the SPHL
- 8 seasons with Rush in coaching & GM roles



## JUSTIN WELLS

- Played in the USHL with the Sioux Falls Stampede
- Played NCAA D1 at Bowling Green State and Boston College
- Played in the ECHL for the Minnesota Wild's affiliate



## SIMON BOYKO

- Played in USPHL, AJHL, NCAA D1, and NCAA D3
- Played in the ECHL & SPHL for multiple teams
- Played youth hockey in the GTHL





# CAROLINA PREMIER HOCKEY GOALIE DEVELOPMENT

At Carolina Premier Hockey, we know that goaltenders require a specialized approach—and we invest heavily in giving them exactly that.

Led by veteran goalie coach Mikhail “Misha” Shibarov, our goaltending development model is integrated directly into each team’s training. Misha is on the ice for nearly every practice, dedicating focused time to work one-on-one with each goalie—refining technique, building consistency, and sharpening mental toughness.



## MIKHAIL SHIBAROV

- 16-year pro goalie in Russia & Belarus
- Goalie coach for Israel National Ice Hockey Team
- Trains CPH goalies with pro-level detail & intensity

## THE CPH ADVANTAGE FOR GOALIES

- Dedicated goalie coaching at practices—not just side drills
- Integrated development across all age levels
- Personalized attention within a team setting
- Opportunities for extra sessions, private training, and more

Our goalies don’t just get reps. They get real coaching, detailed feedback, and a clear path to elevate their game.





# OUR PHILOSOPHY AA VS. AAA HOCKEY

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At Carolina Premier Hockey, development isn't defined by a label. Whether a team is AA or AAA, our commitment is the same: build the right environment, with the right coaches, for the right reasons.

We remain focused on delivering high-level coaching, intentional team building, and a competitive development model at every age group. Our AA (Tier 2) teams continue to follow the same proven structure that has helped countless players advance to junior, college, and beyond.

## DEVELOPMENT OVER DESIGNATION

Whether labeled AA or AAA, our focus stays the same:

- *Build complete players through a long-term, intentional model*
- *Surround them with experienced coaches—many with NCAA and pro background*
- *Push them in the right environments to prepare for what's next*

We know the Tier 1 landscape shifts year to year—and we're here for the long game. Our mission is to provide consistent, high-quality development and earn the trust of families by doing things the right way.

## LOOKING AHEAD

We fully intend to reapply for additional Tier 1 teams in the future and will continue to advocate for expanded opportunities within USA Hockey and our affiliate. But titles aren't what drive us—player development does. That's been our foundation from day one, and it's what we'll keep building on—one player, one team, one season at a time.





# PROGRAM DETAILS

# LIL CPH

## 2017 & 2018 BIRTHYEARS

Lil CPH is our advanced 8U track for players ready to take the next step. Working alongside the Pineville Falcons House program, it offers high-paced skill sessions, small-area games, and exposure to the Carolina Premier Hockey development model. It's the first step on the *premier* path—designed to build confidence, habits, and a love for the game early on.

- ✓ **HEAD COACH – TROY SCHWAB**
- ✓ **ASSOCIATE COACH – MATT SINKOVITZ**
- ✓ **PRESEASON CAMPS (MINI & MAIN)**
- ✓ **ADVANCED SKILL DEVELOPMENT SESSIONS**
- ✓ **SMALL-AREA GAMES AND STATION-BASED TRAINING**
- ✓ **VIDEO HOCKEY IQ SESSIONS**
- ✓ **OFF-ICE TRAINING SESSIONS**
- ✓ **2+ HALF-ICE TOURNAMENTS**
- ✓ **3+ JAMBOREES**

**TUITION \$3,000 + APPAREL PACKAGE**

*Lil CPH participants must also be registered in the Falcons 8U House program, as the two programs run in conjunction.*





## PROGRAM DETAILS

# 9UAA

### 2016 BIRTHYEAR

At 9U, we focus on mastering the basics while building a love for the game. Through high-tempo practices, small-area games, and weekly skill work, players sharpen skating, puck handling, and passing in a fun, team-first environment. We emphasize effort, focus, and habits that create a strong base for long-term development.

- ✓ **HEAD COACH – ANTHONY YURKINS**
- ✓ **PRESEASON CAMPS (MINI & MAIN)**
- ✓ **1-2 WEEKLY SKILL DEVELOPMENT SESSIONS**
- ✓ **1-2 WEEKLY TEAM DEVELOPMENT SESSIONS**
- ✓ **VIDEO HOCKEY IQ SESSIONS**
- ✓ **10 OFF-ICE TRAINING SESSIONS**
- ✓ **8 HOME GAMES**
- ✓ **LEAGUE – TBD\***
- ✓ **5 COMPETITIVE TOURNAMENTS**

**TUITION \$4,900 + APPAREL PACKAGE**

*\*based on best fit for team development*





## PROGRAM DETAILS

# 10UAA

### 2015 & 2016 BIRTHYEARS

Our 10U AA program focuses on building strong fundamentals, game awareness, and team play. Players develop skating, puck control, and decision-making through high-rep drills, small-area games, and weekly skill sessions. We emphasize effort, attitude, and character—helping young athletes compete with purpose and grow as teammates and individuals.



**HEAD COACH – TROY SCHWAB**



**PRESEASON CAMPS (MINI & MAIN)**



**1-2 WEEKLY SKILL DEVELOPMENT SESSIONS**



**1-2 WEEKLY TEAM DEVELOPMENT SESSIONS**



**VIDEO HOCKEY IQ SESSIONS**



**10 OFF-ICE TRAINING SESSIONS**



**8 HOME GAMES**



**LEAGUE – TBD\***



**5 COMPETITIVE TOURNAMENTS**

**TUITION \$4,900 + APPAREL PACKAGE**

*\*based on best fit for team development*





## PROGRAM DETAILS

# 12UAA

### 2013 & 2014 BIRTHYEARS

The 12U AA program challenges players to elevate their skill, compete consistently, and start thinking the game at a higher level. We focus on pace, puck support, and decision-making under pressure—blending individual development with team structure. Leadership, communication, and accountability are core parts of the experience.



**HEAD COACH – MIKE LORUSSO**



**PRESEASON CAMPS (MINI & MAIN)**



**1-2 WEEKLY SKILL DEVELOPMENT SESSIONS**



**1-2 WEEKLY TEAM DEVELOPMENT SESSIONS**



**VIDEO HOCKEY IQ SESSIONS**



**10 OFF-ICE TRAINING SESSIONS**



**8 HOME GAMES**



**LEAGUE – ACHC**



**5 COMPETITIVE TOURNAMENTS**

**TUITION \$4,900 + APPAREL PACKAGE**





# PROGRAM DETAILS

# 12U TOURNAMENT

## 2013 & 2014 BIRTHYEARS

The 12U Tournament Team offers advanced players an opportunity to compete in high-level events with an emphasis on travel and tournament play. With players coming from multiple regions, this team supplements existing travel programs while providing additional skill development, team structure, and exposure to strong competition.

- ✓ **HEAD COACH – TBD**
- ✓ **PRESEASON CAMPS (MINI & MAIN)**
- ✓ **1-2 WEEKLY SKILL DEVELOPMENT SESSIONS**
- ✓ **1-2 WEEKLY TEAM DEVELOPMENT SESSIONS**
- ✓ **VIDEO HOCKEY IQ SESSIONS**
- ✓ **10 OFF-ICE TRAINING SESSIONS**
- ✓ **7+ COMPETITIVE TOURNAMENTS**

**TUITION \$5,700 + APPAREL PACKAGE**





# PROGRAM DETAILS

# 13U AAA

## 2012 BIRTHYEAR

At 13U AAA, players face faster play, more structure, and the introduction of body contact. Our program builds confidence, awareness, and proper technique for physical play while sharpening hockey IQ and execution. Off-ice training focuses on strength and mindset as players prepare for the next level.



**HEAD COACH – ANTHONY YURKINS**



**PRESEASON CAMPS (MINI & MAIN)**



**1-2 WEEKLY SKILL DEVELOPMENT SESSIONS**



**1-2 WEEKLY TEAM DEVELOPMENT SESSIONS**



**VIDEO HOCKEY IQ SESSIONS**



**10 OFF-ICE TRAINING SESSIONS**



**6+ HOME GAMES**



**NO LEAGUE PLAY**



**6+ COMPETITIVE TOURNAMENTS/SHOWCASES**

**TUITION \$6,100 + APPAREL PACKAGE**



## PROGRAM DETAILS

# 14UAA

### 2011 & 2012 BIRTHYEARS

At 14U AA, players face faster play, rising competition, and full introduction of body contact. Our program focuses on speed, hockey IQ, and smart physical play to prepare athletes for high-level hockey. Off-ice training intensifies as players are challenged to own their habits, compete consistently, and lead by example.



**HEAD COACH – GINO DEBLASIIS**



**PRESEASON CAMPS (MINI & MAIN)**



**1-2 WEEKLY SKILL DEVELOPMENT SESSIONS**



**1-2 WEEKLY TEAM DEVELOPMENT SESSIONS**



**VIDEO HOCKEY IQ SESSIONS**



**10 OFF-ICE TRAINING SESSIONS**



**8 HOME GAMES**



**LEAGUE – ACHC**



**5 COMPETITIVE TOURNAMENTS**

**TUITION \$5,100 + APPAREL PACKAGE**





# PROGRAM DETAILS

# 14UAAA

## 2011 & 2012 BIRTHYEARS

At 14U AAA, players compete in a fast, structured, and physical environment where execution matters. With full body contact in play, our program emphasizes smart, confident physicality, advanced skill work, and hockey IQ. Off-ice training ramps up as players are pushed to lead, stay accountable, and prepare for junior-level demands.



**HEAD COACH – CAM PARROTT**



**PRESEASON CAMPS (MINI & MAIN)**



**1-2 WEEKLY SKILL DEVELOPMENT SESSIONS**



**1-2 WEEKLY TEAM DEVELOPMENT SESSIONS**



**VIDEO HOCKEY IQ SESSIONS**



**10 OFF-ICE TRAINING SESSIONS**



**6+ HOME GAMES**



**NO LEAGUE PLAY**



**6+ COMPETITIVE TOURNAMENTS/SHOWCASES**

**TUITION \$6,100 + APPAREL PACKAGE**



## PROGRAM DETAILS

# 16UAA

### 2009 & 2010 BIRTHYEARS

Our 16U AA program is built for players serious about advancing their game. We refine elite habits, situational awareness, and high-level execution—both mentally and physically. With systems-focused team practices, advanced skill sessions, and performance training, players are challenged to perform under pressure and prepare for junior or collegiate pathways.

- ✓ **HEAD COACH – CAM PARROTT**
- ✓ **PRESEASON CAMPS (MINI & MAIN)**
- ✓ **1-2 WEEKLY SKILL DEVELOPMENT SESSIONS**
- ✓ **1-2 WEEKLY TEAM DEVELOPMENT SESSIONS**
- ✓ **VIDEO HOCKEY IQ SESSIONS**
- ✓ **10 OFF-ICE TRAINING SESSIONS**
- ✓ **8 HOME GAMES**
- ✓ **LEAGUE – ACHC**
- ✓ **5 COMPETITIVE TOURNAMENTS**

**TUITION \$5,100 + APPAREL PACKAGE**





# OUTDOOR HOCKEY AT TRUIST FIELD

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Outdoor hockey is part of the game's culture. Backyard rinks, frozen ponds, and outdoor tournaments are core memories for players up north—a rite of passage that fuels a lifelong love for the sport. In the warm Carolinas, those moments are rare.

That's why we're proud to create them.

Each winter, every CPH team hits the ice at Truist Field, home of the Charlotte Knights, for a truly unforgettable game-day experience—complete with full clubhouse access and the energy of playing in a pro stadium.





# 2025 - 2026 TIER I APPAREL PACKAGE

## TIER I – ALL PLAYERS

- ✓ BLUE AND WHITE GAME SOCKS
- ✓ 1 PAIR OF PRACTICE SOCKS
- ✓ 1 PAIR OF PRACTICE JERSEYS
- ✓ CPH WORKOUT SHIRT
- ✓ CPH WORKOUT SHORTS
- ✓ CPH TRACKSUIT JACKET
- ✓ CPH TRACKSUIT PANTS

PRICE \$372

## TIER I – NEW CPH PLAYERS

Required Items, but don't need to purchase each year. Items can be purchased separately

- ✓ GAME JERSEYS
- ✓ HOCKEY BAG
- ✓ CPH HOCKEY GLOVES
- ✓ CPH HOCKEY PANTS

PRICE \$655

## REQUIRED BUT NOT PROVIDED BY CPH

- ✓ White Helmet





# 2025 - 2026 TIER II APPAREL PACKAGE

## TIER II – ALL PLAYERS

- ✓ BLUE AND WHITE GAME SOCKS
- ✓ 1 PAIR OF PRACTICE SOCKS
- ✓ 1 PAIR OF PRACTICE JERSEYS
- ✓ CPH WORKOUT SHIRT
- ✓ CPH WORKOUT SHORTS
- ✓ CPH TRACKSUIT JACKET
- ✓ CPH TRACKSUIT PANTS

PRICE \$372

## TIER II – NEW CPH PLAYERS

Required Items, but don't need to purchase each year. Items can be purchased separately

- ✓ GAME JERSEYS
- ✓ HOCKEY BAG

PRICE \$340

## OPTIONAL ITEMS

- ✓ CPH HOCKEY GLOVES
- ✓ CPH HOCKEY PANTS

PRICE \$315

\*Blue Gloves, Blue Pants, White Helmet are Required

## REQUIRED BUT NOT PROVIDED BY CPH

- ✓ White Helmet



2025 - 2026

# LIL CPH APPAREL PACKAGE

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## LIL CPH – ALL PLAYERS

- ✓ 1 PAIR OF PRACTICE SOCKS
- ✓ 1 PAIR OF PRACTICE JERSEYS
- ✓ CPH WORKOUT SHIRT
- ✓ CPH WORKOUT SHORTS
- ✓ CPH TRACKSUIT JACKET
- ✓ CPH TRACKSUIT PANTS

PRICE \$292

## LIL CPH – NEW CPH PLAYERS

- ✓ HOCKEY BAG

PRICE \$100

## OPTIONAL ITEMS

- ✓ CPH HOCKEY GLOVES
- ✓ CPH HOCKEY PANTS

PRICE \$315

\*Blue Gloves, Blue Pants, White Helmet are Required

## REQUIRED BUT NOT PROVIDED BY CPH

- ✓ White Helmet





# PLAYER DEVELOPMENT & ADVANCEMENT

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At CPH, development is more than a buzzword—it's the foundation of everything we do. We take a long-term, intentional approach to growing athletes on and off the ice. Our mission isn't just to win games—it's to prepare players to succeed at the next level, wherever their hockey journey takes them.

## JUNIOR HOCKEY ADVANCEMENT

From Tier I to Tier III, we've helped athletes take the next step by giving them the tools, exposure, and guidance they need to stand out. Our alumni have been drafted into top junior leagues including:



**NTDP**  
USA Hockey's National Team  
Development Program



**USHL**  
United States  
Hockey League  
*Tier I*



**OHL**  
National Collegiate  
Development Conference  
*Major Junior*



**OJHL**  
Ontario Junior  
Hockey League  
*Junior A*



**NAHL**  
North American  
Hockey League  
*Tier II*



**NCDC**  
National Collegiate  
Development Conference  
*Tier II*



# PLAYER DEVELOPMENT & ADVANCEMENT

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## CPH TO CHARLOTTE RUSH PATHWAY



One of our strongest development advantages is our direct partnership with the Charlotte Rush, a nationally respected Tier III junior program located right here in the Carolinas.

CPH players benefit from:

- *Regular exposure to Rush coaches at practices, clinics, and games*
- *Rush players assisting on the ice during youth team practices and camps*
- *Strong community ties, with many Rush players billeted by CPH families*

This isn't just a pipeline—it's a proven pathway that prepares our players mentally, physically, and culturally to transition into junior hockey with confidence.

## CONNECTION TO THE USHL



Our reach doesn't stop with Tier III. Ryan Cruthers, President of CPH, also serves as the Head Coach of the USHL's Sioux Falls Stampede—one of the top Tier I junior programs in the country. This unique connection gives our players visibility at the highest level of American junior hockey and strengthens our national network of opportunity and exposure.





# 2025 - 2026 TRYOUTS

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## TIER I TRYOUTS

April 18 – 19

### 13UAAA

(Birthyear: 2012)

Friday 4/18 @ 5:10 - 6:10PM  
Saturday 4/19 @ 4:45 - 5:45PM  
Saturday 4/19 @ 7:05 - 8:05PM

### 14UAAA

(Birthyear: 2011)

Friday 4/18 @ 6:20 - 7:20PM  
Saturday 4/19 @ 5:55 - 6:55PM  
Saturday 4/19 @ 8:15 - 9:15PM

## TIER II TRYOUTS

May 16 – 18

### 10UAA

(Birthyear: 2016 & 2015)

Friday 5/16 @ 5:10 - 6:10PM  
Friday 5/16 @ 7:30 - 8:30PM  
Saturday 5/17 @ 3:20 - 4:20PM

### 12UAA

(Birthyear: 2014 & 2013)

Friday 5/16 @ 6:20 - 7:20PM  
Saturday 5/17 @ 1:00 - 2:00PM  
Saturday 5/17 @ 4:30 - 5:30PM

### 14UAA

(Birthyear: 2012 & 2011)

Saturday 5/17 @ 2:10 - 3:10PM  
Sunday 5/18 @ 6:50 - 7:50AM  
Sunday 5/18 @ 10:10 - 11:10AM

### 16UAA

(Birthyear: 2010 & 2009)

Saturday 5/17 @ 5:40 - 6:40PM  
Saturday 5/17 @ 9:10 - 10:10PM  
Sunday 5/18 @ 11:20AM - 12:20PM



# HAVE QUESTIONS? LET'S TALK.

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Join us for a live Zoom Q&A with CPH Executive Director Troy Schwab as we walk through our 2025–26 season plans and answer your questions about tryouts, teams, development, and what sets CPH apart.

Whether you're new to the program or returning for another year, this is a great opportunity to gain clarity and connect directly with our leadership team.

## TIER 1 INFO SESSION - THURSDAY, APRIL 17

|     |         |     |         |
|-----|---------|-----|---------|
| 13U | 7:00 PM | 14U | 7:30 PM |
|-----|---------|-----|---------|

## TIER 2 INFO SESSION - WEDNESDAY, MAY 7

|        |         |     |         |
|--------|---------|-----|---------|
| 9U/10U | 7:00 PM | 12U | 7:20 PM |
| 14U    | 7:40 PM | 16U | 8:00 PM |

 **Where:** Zoom (link will be posted on our website and emailed to all registrants)

 **Contact:** [tschwab@carolinapremierhockey.com](mailto:tschwab@carolinapremierhockey.com) for Zoom link or questions

Come with questions—or just listen in. We're here to help you make the best decision for your player's future.

## LIL CPH INFO SKATE & MEETING - TBD

*Time TBD @ Pineville Ice House*







**PREMIER DEVELOPMENT.  
EXCEPTIONAL CULTURE.  
PROVEN PATHWAYS.**

**CAROLINAPREMIERHOCKEY.COM**